

Giving Back Award

Natalie Germann

Natalie gives back to her community in many ways. She volunteers in crisis support at Youthline, co-ordinates activities at Auckland City Hospital's Acute Mental Health Ward and is a volunteer prison mentor. She also assists at Starjam which run musical workshops for youth with disabilities, and fundraises for Rotaract

In addition, she is a student representative on Auckland University's Ethics committee, and a member of the Post-Graduate Student Association.

Natalie is employed in alcohol and drug rehabilitation services (Odyssey House), as well as in youth respite care for mental health, while training to become a clinical psychologist.

“Natalie uses her training in counselling to be there for those around her and help them feel connected and supported. She is the person that everyone calls when they are struggling to cope, and Natalie always knows what to say and do in times of crisis.”

