## Giving Back Award Chelsea Dowling

Since February 2011 Chelsea has volunteered over 500 hours at Youthline Central North Island. She has become our first volunteer to pass on her knowledge to train our new mentors, assisting Youthline to plan new training programmes that will provide consistency across the teams.

Chelsea also helps out with Youthline's seminars for schools and community groups in addition to studying towards a Doctorate in Clinical Psychology at Massey University.

"Chelsea is one of our long-standing volunteers. She is always ready to help when needed. Chelsea is always at our events lending a hand running activities, setting up equipment or helping to prepare food. Nothing is ever too much trouble for Chelsea."







