

# JESS 5 YOUTH IN EMERGENCY SERVICES

# **Programme Guide**

**July 2017** 

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### **About the Guide**

### 1. Introduction

- 1.1 This guide is for individuals, groups, organisations or communities considering applying for funding, or already awarded funding, by the Ministry of Youth Development (MYD) to deliver a Youth in Emergency Services (YES) programme.
- 1.2 The guide is a living document and may be varied at the discretion of the Ministry of Youth Development. The most recent version of the guide will be published and available from the MYD website<sup>1</sup>.

### 2. Purpose of the guide

- 2.1 This guide aims to provide:
  - an overview of the YES programme
  - the basic people structure required to successfully implement a YES programme
  - examples of how to design a YES programme
  - details of how recruit young people (aged 12-24) to participate
  - reporting requirements
  - details of support available to those delivering a YES programme
  - MYD guidance around communicating the key messages of the YES programme
  - advice on safety management
  - the answers to some frequently asked questions

### 3. Using the guide

- 3.1 The guide should be used to help the provider develop a service that reflects their organisation's philosophical base, incorporating local needs and the culture within which the provider works. The provider should use the guide to assist them to competently deliver the service.
- 3.2 This programme guide should be used in conjunction with the MYD Service Guidelines, also published and available from the MYD website<sup>1</sup>.

<sup>&</sup>lt;sup>1</sup> http://www.myd.govt.nz/funding/youth-in-emergency-preparedness-fund.html

### The YES Programme

### 1. Introduction

- 1.1 The Ministry of Youth Development (MYD), in partnership with Ministry of Civil Defence and Emergency Management (MCDEM), will work with community organisations and local emergency services to deliver the YES programme.
- 1.2 The Youth in Emergency Services (YES) programme aims to foster an ongoing and sustainable relationship between young people and the volunteer emergency services. The YES programme is delivered through two phases:
  - **Phase One** consists of a 35-40 hour Orientation Programme introducing participants to the work of each of the local participating emergency services.
  - **Phase Two** consists of participants undertaking a Volunteering Opportunity, supported by YES programme mentors, for a minimum of two months with their chosen emergency service.
- 1.2 The YES programme also reflects Principle 1 and Goal 1 of the National Civil Defence Emergency Management Strategy, which promotes individual and community responsibility and self-reliance in managing local hazard risks. The YES programme aims to foster an on-going and sustainable relationship between young people and the volunteer emergency services.

### 2. Aims of the Programme

- 2.1 The principle aims of the YES programme are:
  - increased connection between young people and their community
  - the acquisition, by young people, of the skills necessary to contribute to a community response in an emergency
  - participants' increased sense of self-confidence, self-esteem and motivation
  - increased civic participation by young people
  - increased youth development opportunities for young people, that focus on leadership, volunteering and mentoring
  - increased capability and resilience for young people.

### 3. Structure

3.1 Table 1 details the people structure (roles and responsibilities) required to successfully implement a YES programme.

Table 1. Details of roles required to deliver a YES programme

Roles and Responsibilities			
Project Champion	<ul> <li>Chair Working Group meetings.</li> <li>Champion project within own community and across the various emergency services.</li> <li>Ensure the appropriate composition of the Working Group i.e. to include representatives from each of the emergency services which will deliver the Orientation Programme.</li> <li>Champion a longer term mentor/mentee relationship between the emergency services and youth participants.</li> </ul>		
Working Group	<ul> <li>Provide advice and governance over the structure and delivery of the project.</li> <li>Advise Project Coordinator through lesson planning process</li> <li>Advise Safety Management Coordinator regarding Safety Management Plan (SMP) and Activity Management Plan (AMP).</li> <li>Review and sign off SMP and all AMPs as a whole group</li> <li>Oversee evaluation process.</li> <li>Membership of this group may include members of the local Civil Defence, St John, NZ Fire, Rural Fire, Police, Coast Guard, NZ River Rescue and Land Search and Rescue. This group may also include representatives from local secondary schools and Councils.</li> </ul>		
Project Coordinator	<ul> <li>Carry out administrative tasks associated with Working Group meetings e.g. minutes, bookings.</li> <li>Ensure responsibility for safety management is allocated to one person.</li> <li>Programme design (i.e. planning timetable, scheduling personnel and resources for individual sessions)</li> <li>Liaise with referral agencies.</li> <li>Conduct programme evaluations.</li> <li>Budget management.</li> <li>Ensure the aims of YES project are understood by referring agencies.</li> <li>Respond to general project enquiries from referring agencies and emergency services.</li> <li>Attend all sessions within Orientation Programme.</li> <li>Ensure evaluations are completed by participants,</li> </ul>		

	referring agencies, emergency services and Working Group.  Coordinate and facilitate evaluation meetings at three-months and six-months. Coordinate graduation process. Ensure that Police checks are completed where appropriate Assist with transport logistics where necessary.
Youth Participant Support	<ul> <li>Disseminate project introduction and nomination forms to all referring agencies.</li> <li>Ensure the aims of YES programme are understood by referring agencies.</li> <li>Respond to nomination process enquiries from referring agencies.</li> <li>Provide a consistent point of contact for any queries or concerns and addressing any personal issues, behaviour or attendance concerns.</li> <li>Provide pastoral care to youth participants, as required, throughout the project.</li> <li>Ensure consent forms are distributed, understood and completed before Orientation Programme begins.</li> <li>Ensure participants clearly understand the Police check process where it is required.</li> <li>Responsibility for photos/video.</li> </ul>
Project Safety Coordinators	<ul> <li>Ensure SMPs and AMPs are completed, reviewed and agreed by the whole Working Group.</li> <li>Forward SMPs and AMPs to National Quality and Safety Coordinator.</li> </ul>
Emergency Services	<ul> <li>Facilitate service specific training sessions including involvement at the Scenario Event Day.</li> <li>Provide suitable mentors to support participants through Orientation Programme and into Volunteering Opportunity.</li> <li>Work with Project Coordinator to ensure a robust process for transitioning youth participants into the service.</li> </ul>

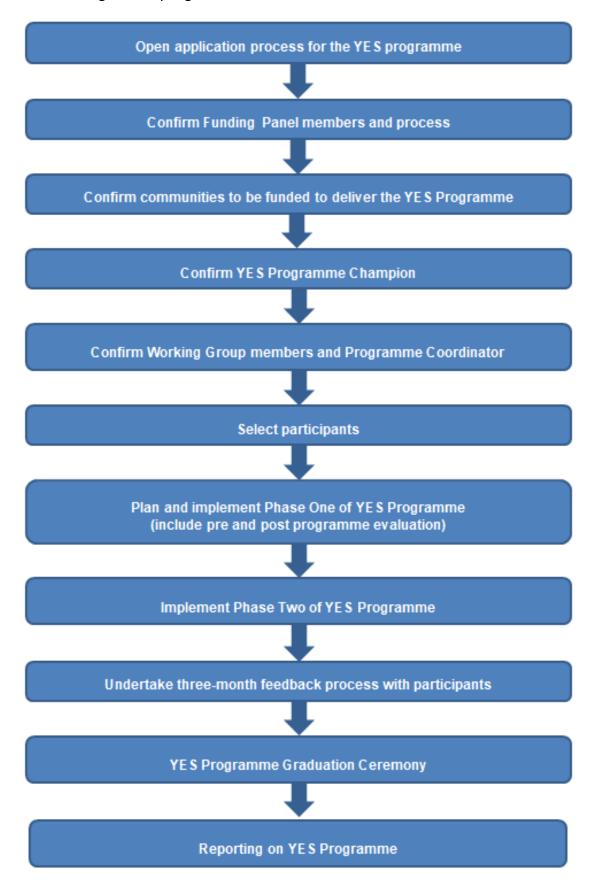
### 4. Programme Design

- 4.1 The YES programme is split into two phases. Phase One consists of a 35-40 hour Orientation Programme, involving theory and hands-on emergency service skills, facilitated by each of the participating emergency services.
- 4.2 While Phase One, has at times been delivered in a one-week block, it is the preference of MYD that Phase One is spread out over a minimum of 4-5 weeks (sample shown below)
- 4.3 Phase One culminates in a Scenario Day where participants are able to practice and/or demonstrate the skills learnt during their orientation phase.
- 4.4 The example programme structure shown below is just to illustrate what a programme may look like. Each YES programme should be flexible and reflect the emergency services availability and what works best for your community.

Table 2. Example programme structure.

Phase One, Week One	Lead Organisation	
Thursday 6pm – 8pm	St Johns Ambulance Introduction	
Saturday 9am – 1pm	St Johns Ambulance Orientation Experience	
Phase One, Week Two		
Thursday 6pm – 8pm	New Zealand and Rural Fire Introduction	
Saturday 9am – 1pm	New Zealand and Rural Fire Orientation Experience	
Phase One, Week Three		
Thursday 6pm – 8pm	New Zealand River Rescue and Coast Guard Introduction	
Saturday 9am – 1pm	New Zealand River Rescue Orientation Experience	
Phase One, Week Four		
Thursday 6pm – 8pm	Civil Defence and Emergency Rescue Introduction	
Saturday 9am – 1pm	Civil Defence and Emergency Rescue Orientation Experience	
Saturday 1pm – 5pm	Land Search and Rescue Orientation Experience	
Phase One, Week Five (Scenario Day)		
Saturday or Sunday 9am – 4pm	Scenario based activities using rotations from each emergency service, shared lunch with invited family and referral agencies.  Introduction of YES Programme Phase Two	
PHASE TWO		
Phase Two	Participants undertake a Volunteering Opportunity, supported by YES programme mentors, for a minimum of two months with their chosen emergency service.	
YES PROGRAMME GRADUATION CEREMONY		

4.5 The schematic below provides an overview of the process involved in delivering a YES programme.



### 5. Participant Recruitment

- 5.1 The programme aims to include a range of young people, particularly those who will benefit most from participating in a challenging programme. Suitable participants will be young people, aged between 16-20 years old, who are motivated, keen to learn, responsible and enjoy tackling new challenges. Participants will be reliable, able to work well in a team and comfortable taking instruction from experienced emergency services personnel.
- 5.2 Your Working Group may start by identifying all the local social service organisations and/or schools which may nominate young people to the YES programme. Your YES coordination personnel may liaise with the relevant staff within each of these organisations, for example, Gateway Coordinators, or Careers Counsellors, to highlight the aims of the programme and assist with the nomination process. Referral agencies will be asked to provide ongoing support to their youth participants, acting as vehicles for sharing information and documentation with participants, such as consent forms. Referral agencies will also be asked to offer support, if required, to those who are not accepted into the programme.
- 5.3 See Appendix 1 Participant Nomination Form.
- 5.4 It is important that all consent information is captured in one consent document and kept confidentially, in accordance with the Privacy Act 1993. It is recognised that personal medical forms should be taken to all field experiences, in which case it is advisable to have the personal medical information on a separate page and a system to ensure confidentiality is maintained while in the field.
- 5.5 See Appendix 2 Participant Consent and Personal Medical Forms.

### 6. Reporting Requirements

6.1 Please refer to the MYD Service Guidelines for reporting requirements, these are published and available from the MYD website.<sup>2</sup>

<sup>&</sup>lt;sup>2</sup> http://www.myd.govt.nz/funding/youth-in-emergency-preparedness-fund.html

### **7.** Provider Support

7.1 Table 3 below shows what support is available to providers at the National and Regional level.

Table 3. National and Regional Support

National and Regional Support Available		
MYD	Project oversight and governance	
MCDEM	Project oversight and governance	
Ministry of Social Development (MSD) National Communications	Media	
MYD Communications	Website content and MYD external communication	
MYD Youth Development Team	Local communication and support resource.	
	Contracting, monitoring and reporting	

### 9. Safety Management

- 9.1 Safety management across all aspects of the YES programme is paramount, to minimise the opportunity for harm to anyone involved in the programme. In addition to the overall SMP, an Activity Management Plan (AMP) will be developed for the individual activities within the programme.
- 9.2 It is acknowledged, however, that the emergency services, by the nature of their skills, training, experience, and job requirements are appropriately equipped to manage the safety of the group whilst in their care.
- 9.3 Many of the facilitators in previous YES programmes are present as part of their employment, meaning the programme could be considered a place of work. Any safety strategy must, therefore, comply with the Health and Safety at Work Act (HSWA) Act 2015.

### 9.4 *It is required:*

• that each site's designated Project Safety Coordinator sends their SMP and AMPs to the National Quality and Safety Coordinator for approval before any training sessions begin.

### 9.5 It is recommended:

- that your Working Group identifies one individual to hold overall responsibility for the safety of all involved. This Safety Coordinator should be appropriately qualified and experienced
- that your Working Group formalises, by way of an MOU, the overall SMP and AMPs where appropriate. This MOU will clearly state the safety planning and approval procedure. The SMP and the AMPs should be robust enough to ensure safety while maintaining an appropriate level of risk in the activities
- that your entire Working Group previews the SMP and AMP prior to activities taking place. It is recommended that you also review these plans, as a group, after the activity/programme is completed.

### 8. Key Messaging and Communication

- 8.1 Your local YES team, and other key stakeholders, may be approached for comment by local media and others with an interest in the programme. It may assist you in these communications to refer to the following key messages:
  - The YES project aims to strengthen young people's sense of connection to their community. It does this by linking them with new and challenging opportunities to demonstrate their leadership skills and to experience a sense of contribution and responsibility. The pilot programme suggests that these positive experiences may translate to other parts of their lives.
  - The YES programme acknowledges the integral role of the emergency services which are the first-line responders in many emergency situations. They are critical for treating the injured and saving lives.
     The emergency services, and their volunteers, are also responsible for relief and welfare services in the aftermath of an emergency.
  - The YES programme offers young people opportunities to learn new skills and explore possible career options.
  - The YES programme aims to increase the capability and resilience of the community in times of need. Individuals and communities must be able to care for themselves and each other, as much as possible, when the normal functions of daily life are disrupted. Communities that can restore the everyday functions of life, with people returning to their homes, businesses reopening and children going back to school, will recover more quickly.
- 8.6 The YES programme aligns with the priorities of MYD by:
  - increasing the number of quality youth development opportunities for young people, particularly those which provide leadership, volunteering and mentoring experiences
  - increasing the proportion of opportunities targeted to youth from disadvantaged backgrounds.

### 10. Frequently Asked Questions

### 10.1 What is the Youth in Emergency Services (YES) programme?

The Youth in Emergency Services (YES) is a national programme run collaboratively with the Ministry of Youth Development (MYD), Ministry of Civil Defence and Emergency Management (MCDEM) and agencies in local communities, such as the local council, schools and volunteer emergency services.

The YES programme is designed to strengthen and encourage young people's connection to their community by encouraging them to engage with a range of volunteer emergency services.

The YES Programme is funded through the Youth in Emergency Preparedness Fund.

### 10.2 Is the YES programme new?

The YES programme was piloted in Rotorua during March and April 2013 involving 15 young people aged between 16 and 18 years. Following the pilot, young people reported an increase in a connection to their community and several participants indicated their experience enabled them to actively participate in their communities.

Since 2013, a further 33 YES programmes have been completed.

### 10.3 How is the YES programme structured?

The Youth in Emergency Services (YES) programme aims to foster an ongoing and sustainable relationship between young people and the volunteer emergency services.

The YES programme is delivered through two phases:

- Phase One consists of a 35-40 hour Orientation Programme introducing participants to the work of each of the local participating emergency services, which includes theory and practice elements.
- Phase Two consists of participants undertaking a volunteering opportunity, supported by YES programme mentors, for a minimum of two months with their chosen emergency service.

The YES programme aims to strengthen young people's capability, resilience, and their sense of connection to their community. It does this by linking them with new and challenging opportunities to demonstrate their leadership skills and to experience a sense of contribution and responsibility.

### 10.4 How is the YES programme delivered?

Emergency Services, with support from a YES Programme Coordinator, will deliver the programme. The local Working Group will determine the structure and processes of elements such as recruiting young people and how ongoing support will be provided.

### 10.5 Who will be involved in a YES programme?

Each YES programme will be driven by a local Working Group, likely to comprise of community representatives of the volunteer emergency services, local council, schools and other relevant organisations interested and/or involved in the programme. The Working Group will meet the advisory and governance needs of the programme.

### 10.6 What is MYD's role in the YES programmes?

MYD will provide information taken from previous YES programmes to guide new YES programmes. This includes information on candidate recruitment, programme design, evaluation and risk management.

In addition to this, MYD will be on hand to provide information and advice to each YES programme.

### 10.7 How can emergency services get involved in a YES programme?

For more information on how to get involved in a YES programme in your community, please contact Sarah Freer, Senior Advisor Youth Development, MYD (contact details below).

# 10.8 I am interested in supporting a YES programme, how can I get involved?

For further information on how to get involved in a YES programme in your community, please contact Sarah Freer, Senior Advisor Youth Development, MYD, (contact details below).

### 10.9 How many young people take part in the YES programme?

There is space for up to 15 young people in each community YES programme.

### 10.10 How are young people selected for the YES programme?

Each community will recruit suitable candidates (aged between 16 and 20 years) from their local schools and/or local social services agency.

### 10.11 What happens after the YES programme?

Each young person will have the option of volunteering in an emergency service following their completion of the Orientation Programme.

### 10.12 Where can I go for more information on the YES programme?

For further information on the YES programme, please contact;

Sarah Freer, Senior Advisor Youth Development, MYD

DDI: 029 2014 274

Email: sarah.freer005@msd.govt.nz

You can also visit our website: <a href="http://www.myd.govt.nz/funding/youth-in-emergency-preparedness-fund.html">http://www.myd.govt.nz/funding/youth-in-emergency-preparedness-fund.html</a>

### **Appendix 1 - Participant Nomination Form**

### YOUTH IN EMERGENCY SERVICES PROGRAMME

### **NOMINATION FORM**

The Youth in Emergency Services programme is a collaborative initiative which aims to strengthen the connection between young people and their communities by way of a hands-on introduction to the work of the emergency services in their area. Young people will have the opportunity to contribute to their community whilst gaining marketable employment skills and an insight into potential career pathways. They may also become active voluntary members of an emergency service.

### NOMINATIONS CLOSE: <insert date>

Suitable candidates will:

- be aged between 16-20 years old
- be motivated and committed
- have good self-management skills
- be available to attend the Orientation Programme on <insert date>
- be in good health and be physically able

### **Participant's Details**

Name	DOB/
Gender	Ethnicity
Address	Phone
Have you ever been convicted	d of any criminal conviction other than minor traffic offences?  YES / NO (circle one)
If you answered YES, please	, ,
I agree that I am committed Services programme for 2017	and would like to be involved in the Youth in Emergency 7/2018.
Name	Signature

# This section is to be filled out by the organisation / provider / school who is nominating the young person

Name				
Work Address				
Phone (wk)				
In what ways is this young person suitable for nomination to this programme?				
	Signature			

Send your nominations to: <insert Local Programme Coordinator> by <insert date>
Successful nominees (and their nominators) will be notified by <insert date>. If you have any questions about the application process or form, please contact <insert name and contact number>.

**Note**: There is a police vetting process on all nominations and each will be considered on a case by case basis.

### Appendix 2 - Participant Consent & Personal Medical Form

# YOUTH IN EMERGENCY SERVICES PROGRAMME GENERAL CONSENT FORM FOR PARTICIPANTS AND PARENTS/GUARDIANS

Participants on the Youth in Emergency Services Project (YES) will have the opportunity to experience a range of core emergency service activities. Safety has been a paramount consideration in the development of the YES project. To this end:

- All YES project activities require staff to undertake an analysis of the risks, and identify the management strategies required to eliminate, isolate and/or minimise the risks.
- We will discuss with participants any potential hazards and how to manage these and will brief participants on safety requirements.
- All YES project activities are planned and facilitated by highly experienced emergency service specialists who hold a variety of relevant qualifications.

### **Acknowledgement of Risk**

I understand that there are risks associated with involvement in the YES project including water, height, motor vehicles, fire and cold amongst others, and that while all these risks will be managed during the project, they cannot be completely eliminated. I understand that the YES team will identify any foreseeable risks or hazards and implement correct management procedures to eliminate, isolate or minimise those hazards.

I know that I am able to ask any questions of the YES team about the activities which I will be involved in. I recognise that participation in such activities is voluntary and not mandatory. I understand that I may withdraw from an activity if I feel at risk. This must be done in consultation with the session facilitator and / or YES support staff.

In understand that the YES team does not accept responsibility for loss or damage to personal property and that it is my responsibility to check my own insurance policy.

### **Transport**

I give permission for the 1	res team to transpo	ort me as part of a f	ES activity if fieces	Sary
Name:				
Date of Birth				
Address				
Contact Number	Home	Mobile		
Drivers Licence (circle) (circle one)	None	Learner	Restricted	Full

	I have read and signed the attached YES Project General Consent Form which outlines the type of activities which I may participate in, as well as the risk management procedures which are in place.		
	I acknowledge that the YES project team will use medical and contact details that have been supplied within this consent form to help with the risk management. I understand that it is my responsibility to update all contact and health information as and when needed by contacting the YES Project Coordinator with new information.		
	I can confirm that I (please tick)  can swim 25m unassisted am confident in a pool am confident in deep water am confident in the sea or open inland water am able to tread water am able to survival float  I am aware that consent here does not eliminate the need for activity leaders to ascertain the level of the participants' swimming ability for themselves.		
	I have declared all medical or health conditions or swimming ability information that could affect my participation in the YES project and/or other circumstances that may be relevant between now and the commencement of the YES project.		
	I give permission for the YES team to store the attached consent, contact, health and swimming information securely and make it available to the personnel involved in planning and facilitating the training sessions.		
	I agree to receive any emergency medical, dental, or surgical treatment, including anaesthetic or blood transfusion, as considered necessary by the medical authorities present.		
	I understand that should I act in a way considered unacceptable by YES project staff, or put myself or others in any danger, I may be asked to withdraw from the YES project. I understand that the costs (transport and staffing) will be at my expense and that I will be sent home at a time convenient to YES staff.		
	I can confirm that I am in good health and able to participate in these types of activities		
	I give my consent to be a member of the YES project and to attend training		
	I give my consent to YES photographing me and/or filming me during my involvement with YES. In agreeing to this, I understand that my image may be used for the following purposes:  Publications and promotions Internal and external film clips and DVDs Internal and external websites		
Signed (participant)		Date	
_	Signed Parent/Guardian Name (if participant is under 18 years of age)  Date		